

**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE**

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<b>Applicant(s):</b> David Kirchhoff, et al.	<b>:</b>	<b>Group Art Unit:</b> 3689
<b>Serial No.:</b> 10/797,284	<b>:</b>	<b>Examiner:</b> Heidi Riviere
<b>Filed:</b> March 10, 2004	<b>:</b>	Attorney Docket No.: 128683.010402
<b>For:</b> WEIGHT CONTROL SYSTEM	<b>:</b>	
WITH MEAL PLAN AND JOURNAL	<b>:</b>	

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**AMENDMENT IN RESPONSE TO DECEMBER 17, 2010 OFFICE ACTION**

Mail Stop Amendment  
Commissioner for Patents  
Box 1450  
Alexandria, VA 22313-1450

Dear Sir:

**INTRODUCTORY COMMENTS:**

This Amendment is filed in reply to the Office Action issued by the U.S. Patent and Trademark Office on December 17, 2010 in connection with the above-identified patent application ("Office Action"). If any fees are outstanding in connection with this filing, please charge to the deposit account 50-1516, using as reference 128683.010402.

In response to the Office Action, Applicants request entry and consideration of the following:

**Amendment to the Claims**, beginning on page 2 of this paper; and

**Remarks**, beginning on page 8 of this paper.